

NEW YORK CAPITAL DISTRICT CHAPTER



Winter 2025-26

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CHAPTER

NY Capital District Chapter

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Nancy Newkirk, President

NEWSLETTER

Tisha Dolton, Editor

IN THIS ISSUE

America's Tapestry, upcoming classes, calendar, and more!

Needlework on display at East Greenbush

The East Greenbush Community library is hosting an exhibit of the Chapter's needlework throughout the month of **November**. The exhibit shows a variety of techniques with descriptive labels as well as a few class projects with their instructions and supplies.

Thanks to Fran Roscello for organizing, as well as her assistants Cindy Rybaltowski and Nancy Newkirk, and all who loaned their beloved needlework.

Check the library's website for hours- <https://eglibrary.org/>



Facebook

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www.facebook.com/nycdcega



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The mission of The Embroiderers' Guild of America is to inspire passion for the needle arts through education and the celebration of its heritage.

We welcome those of all skill levels and interest in any needle art technique.

A Message from our President

Greetings, Stitchers—

Recently I came across a blog written by Joyfully Embroidery titled *The Healing Power of Embroidery: Exploring the Therapeutic Benefits*. It dovetailed nicely with the article in June 2025 *Needle Arts*, “The Psychology Behind Stitching and Good Mental Health” by Heather Holey. The articles are a quick read and reaffirm what we all know about embroidery and our EGA Chapter. One of the benefits of embroidery described in the blog is the Sense of Accomplishment: “As we witness our efforts materialize into something tangible and beautiful, a surge of satisfaction and pride fills our hearts... Embroidery encourages us to set goals, persevere through challenges, and relish in the joy of completing a work of art.” The New York panel for America’s Tapestry is an example. Although we have yet to finish, the stitchers celebrate when a small motif is completed or a creative solution is found. No doubt you have celebrated when you put that last stitch in your project.

The highlight of the fall was a visit by Stefan Romero, Designer and Director of the America’s Tapestry. It was a delight to hear his story. We had an excellent turnout of members. (See pages 3-4.)

This newsletter includes January, which marks a new year and the start for planning a new leadership team for the Chapter. Please consider taking an elected office: president, vice president, membership, recording secretary, corresponding secretary or treasurer. It is a team effort and I have had plenty of help in navigating my tenure.

My best wishes for a joyous holiday season and New Year filled with stitching.

Nancy Newkirk

MEMBERSHIP NEWS

WELCOME NEW MEMBERS

Dawn Cicio
September 2025

Kathryn Stenstrom
Plural, October 2025

Check out Mary Corbet’s blog.
She recently wrote about
America’s Tapestry.

<https://www.needlenthread.com/2025/10/americas-tapestry-a-big-project.html>

IN MEMORIAM

Former member **Ethel May Brett Falls** passed away in Sparks, NV August 2, 2025. Her obituary mentioned her membership with EGA and stated that “she had a deep love of textile arts, learned from her mother.” Ethel enlisted with the WAVES and served as a Dental Assistant during the Korean Conflict. She was also an avid painter.

America's Tapestry: The New York Panel

November and December Dates

We will be stitching at the **Van Schaick Mansion** on the following dates (all from **10:00am to 2:00pm** unless otherwise noted):

Monday, November 17th (Counted Thread Day SIG)

Thursday, November 20th

Saturday, November 22nd (Blackwork SIG)

Thursday, December 11th

Sunday, December 14th (10:30am to 1:00pm)***

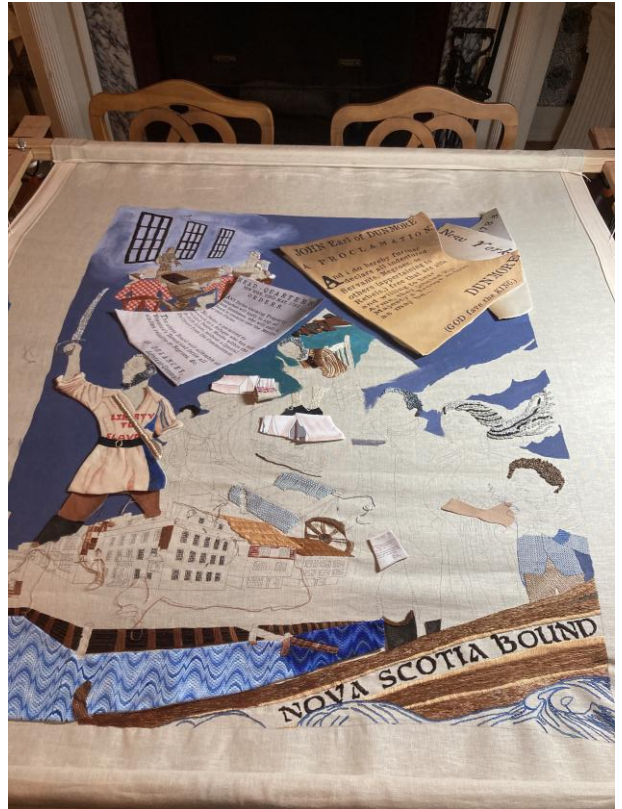
Monday, December 15th (Counted Thread Day SIG)

Thursday, December 18th

Saturday, December 27th (Blackwork SIG)

***This will be a special event, celebrating the 250th anniversary of the Knox Noble Train of Artillery, complete with costumed re-enactors. <https://saratoga250.com/250th-knox-regional-commemoration/>

In addition, the panel will be at **Jenni Paperman's house** between **November 23rd and December 10th**. She will have it in her ground floor basement, for those who aren't able to make it up the stairs at the Mansion. And it will be available most days between **9am and 9pm**, for those for whom the above dates or times don't work. No stitching on Thanksgiving as she is hosting her family. But Black Friday is an option for anyone who doesn't like shopping with the crowds. Or needs a break from their own relatives! Email Jenni to make arrangements.



As you may know, in addition to our Facebook page we now have an Instagram page for NY Capital District Embroiderers' Guild. We also have an America's Tapestry NY page on Instagram. Nancy Nelson is posting photos of work, dates/times for public meetings and more on all three sites. She would love to post photos of your work and any anything you'd like to say about it. You may send them to her.

If you are on Instagram, follow

@nycapitaldistrictega — @americastapestry.ny — @250tapestry

Stefan Romero has created a series of dolls called Liberty. These delightful, handcrafted, collectible dolls are available for purchase with all proceeds going to support America's Tapestry, the community-based embroidery project celebrating America's upcoming 250th Anniversary. Visit <https://www.stefanromero.com/collections/liberty> to add Betsy, Daisy, Sally or Gabriella to your collection. (Sally at left)

More on America's Tapestry



Left- Stefan Romero, creator of America's Tapestry, speaks with Peter Gansevoort Chapter, NSDAR Regent, Sandy Zerillo at the Van Schaick Mansion, after his presentation about the project October 20, 2025. Right- Members of Peter Gansevoort Chapter, NSDAR gather around the NY panel.

Metropolitan Region

Join us on **Saturday, January 10 at 1:00 PM via Zoom to learn more about America's Tapestry** and the prominent role needle art is playing in our nation's upcoming 250th anniversary. America's Tapestry founder and director Stefan Romero will discuss the inspiration and creation of this collaborative community embroidery project. From finding inspiration in the Scottish Borders to grassroots organizing in the United States, Stefan will trace the journey of this historic endeavor from concept to implementation. Stefan will discuss the designs of the New Jersey, New York, and Connecticut panels and the stories of those who are working on bringing these designs to life in needlework across the three states. To learn more about America's Tapestry or to get involved, please visit americastapestry.com.

Metro will send out the Zoom link, so keep an eye out for that email!

Save the Date

Saturday, April 25 and Sunday, April 26, 2026

The Metropolitan Region will again be hosting two days of stitching at the Montvale Courtyard Marriott Hotel, Montvale, NJ. All MET Region members and guests are welcome to participate in this fun weekend of stitching. Come for the day or the weekend. More information, including registration information, will be announced in the winter issue of Metropoll.

New York Capital District Chapter of the EGA Regularly Scheduled Events

Type	Name	Schedule	Format	Location if Public	Contact
Monthly Meetings					
Board	Monthly Board Meeting	1st Monday (7pm - 9pm)	Virtual		Nancy Newkirk
Group	Beverwyck	1st Tuesday (7pm - 9pm)	Virtual		
SIG	Needlepoint	1st Thursday (12pm - 4pm)	In Person		Fran Roscello
SIG	Whitework	2nd Monday (10am - 12pm)	Virtual		Doris Halvorsen
SIG	Counted Thread (Evening)	2nd Monday (7pm - 9pm)	Virtual		Lynne Priestley
SIG	Crewel & Surface Embroidery	2nd Wednesday (10am - 2pm) (not winter)	In Person		Mary Willmott
SIG	Crewel & Surface Embroidery	2nd Wednesday (10am - noon) (winter)	Virtual		Mary Willmott
Group	North End	2nd Thursday (7pm - 9pm)	Virtual		Doris Halvorsen
SIG	Counted Thread (Day)	3rd Monday (10am - 2pm)	Hybrid		Jennifer Paperman
Group	Beverwyck	3rd Tuesday (6:30pm - 8:30pm)	In Person	Bethlehem Public Library	
Group	Day Group	3rd Wednesday (10am - 2pm)	In Person	Blooming Grove Reformed Church (Defreestville)	Fran Roscello
Group	Studio Time	4th Wednesday (10am - 2pm)	In Person	For the Stitcher's Soul (Delmar)	Sherry McCredie
Group	North End	4th Thursday (6:30pm - 8:30pm)	In Person	Clifton Park-Halfmoon Public Library	Doris Halvorsen
SIG	Blackwork	4th Saturday (10am - 2pm)	Hybrid		Fran Roscello
Annual Events					
Chapter	Biennial Dinner	May	In Person		
Chapter	Weekend Stitching Retreat	June, September	In Person		Helen O'Connor
Chapter	Joint Meeting	September	In Person		
<i>Chapter members will receive an email each month with the specifics for that month's meetings and events, including any date changes. For links to virtual meetings, reach out the contact person or email the Chapter at the address listed on the front page of the website (www.nycapega.org)</i>					

Notes:

- SIG Special Interest Group = members-only group focused on a specific technique (see next page)
- Group Meetings open to the public and to members
- Board Chapter Board meeting, open to the general membership by invitation
- Chapter member-only events, though guests may attend (possibly for a higher cost)

Changes to **Regularly Scheduled Events** will be communicated in the monthly email.

CALENDAR CONTINUED

NOVEMBER 2025

- 17 – Counted Thread (Day) – America's Tapestry (see page 3)
Beverwyck – Stitch-in, Show & Share
- 19 – Day Group – Holiday ornaments
- 20 – America's Tapestry (see page 3)
- 22 – Blackwork – America's Tapestry (see page 3)
- 26 – Studio Time

DECEMBER 2025

- 01 – Board meeting VIRTUAL
- 02 – Beverwyck VIRTUAL – Stitch-in, Show & Share
- 03 – Needlepoint
- 08 – Whitework VIRTUAL
Counted Thread (Eve) VIRTUAL
- 10 – Crewel & Surface Embroidery
- 11 – North End HYBRID – Holiday ornaments & Holiday party
America's Tapestry (see page 3)
- 14 – America's Tapestry (see page 3)
- 15 – Counted Thread (Day) – America's Tapestry (see page 3)
- 16 – Beverwyck – Stitch-in, Show & Share
- 17 – Day Group – Holiday ornaments & pot luck lunch
- 18 – America's Tapestry (see page 3)
- 27 – Blackwork – America's Tapestry (see page 3)

JANUARY 2026

- 05 – Board meeting VIRTUAL
- 06 – Beverwyck VIRTUAL – Stitch-in, Show & Share
- 08 – Needlepoint
North End VIRTUAL – Stitch-in, Show & Share
- 10 – America's Tapestry ZOOM (see page 4)
- 12 – Whitework VIRTUAL
Counted Thread (Eve) VIRTUAL
- 14 – Crewel & Surface Embroidery
- 19 – Counted Thread (Day) HYBRID
- 20 – Beverwyck – Stitch-in, Show & Share
- 21 – Day Group – Stitch-in, Show & Share
- 22 – North End – Stitch-in, Show & Share
- 24 – Blackwork HYBRID
Sage Whitework Class #1 ZOOM (see page 7)
- 28 – Studio Time
- 31 – Sage Whitework Class #2 ZOOM (see page 7)

FEBRUARY 2026

- 02 – Board meeting VIRTUAL
- 03 – Beverwyck VIRTUAL – Stitch-in, Show & Share
- 09 – Whitework VIRTUAL
Counted Thread (Eve) VIRTUAL
- 11 – Crewel & Surface Embroidery
- 12 – North End VIRTUAL – Stitch-in, Show & Share
- 16 – Counted Thread (Day) HYBRID
- 17 – Beverwyck – Stitch-in, Show & Share
- 18 – Day Group – Debbie's Treat (see page 9)
- 25 – Studio Time
- 26 – North End – Stitch-in, Show & Share
- 28 – Blackwork HYBRID

Special Interest Groups & Studio Time

Special Interest Group invites will be limited to current members of the group. If you are interested in joining a SIG, contact the group coordinator listed below.

November & December SIGs will be stitching Christmas ornaments this year for the trees at Ten Broeck Mansion in Albany. There will be patterns available at upcoming meetings. Patterns for nametags and bookmarks will also be available.

Blackwork SIG

Contact: Fran Roscello

Crewel & Surface Embroidery SIG

Contact: Mary Willmott

Counted Thread SIG/ Day

Contact: Jenni Paperman

Counted Thread SIG/ Evening

Contact: Lynne Priestley

Needlepoint SIG

Contact: Fran Roscello

Whitework SIG

Contact: Doris Halvorsen

Studio Time

Meetings held at
For the Stitcher's Soul,
163 Delaware Avenue, Delmar, NY 12054

Sage — Terri Bay's Beginner Whitework Class

Registration is still open for Terri Bay's Beginner Whitework class, *Sage*. *Sage* is a basic OR basic/Intermediate level Ukrainian Whitework design measuring four inches square. Students have a choice of White or Green/Blue color schemes (see images below). Students will also receive a choice of stitches for the diamond areas of the design. The Scotch Stitches in the green/blue version are very simple. The buttonhole motif in the white version is a little more difficult. Both stitches are demonstrated in class and the student can pick either version regardless of color choice. Other stitches in *Sage* are cable, satin, and eyelets. *Sage* is worked on 28 count linen with two sizes of pearl cotton.

The cost for the class is \$55. This covers the kit fee. The Chapter will be subsidizing the teaching fee.

Registration Deadline is December 1, 2025. There will be two Zoom lessons - Saturday, January 24, 2026 from 10am-12:30pm and Saturday, January 31, 2026 from 10am-12pm



PROGRAM REGISTRATION COUPON

Terri Bay – Sage (Beginner Ukrainian Whitework) — Cost - \$55

Please make checks payable to NYCDCEGA and send to:

Louise Butler

Color Choice – Green/Blue or White (Choose One)

Your Name _____

Email _____

Phone # _____

Registration Deadline 12/01/2025

2024-2026 BOARD MEMBERS

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Nancy Newkirk

First Vice-President

Ginger Iorizzo

Vice-President/Membership

Lynne Priestley

Recording Secretary

Nancy Knowles

Corresponding Secretary

Maryann Gibson

Treasurer

Jennifer Paperman

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Nancy Newkirk

Coordinator- Day

Fran Roscello

Coordinator- North End

Doris Halvorsen

Education - *vacant***Newsletter**

Tisha Dolton

Outreach - *vacant***Parliamentarian**

Fran Roscello

Programs**Website Coordinator**

Ginger Iorizzo

Publicity - *vacant***Region Representative**

Helen O'Connor

OTHER COMMITTEE CHAIRS

Email Communications

Ginger Iorizzo

Exhibit

Sherry McCredie

Hospitality-Day

Maryann Gibson

Needlework Closet

Maggie Oldendorf

Registrar

Louise Butler

Summer & Fall Retreats

Helen O'Connor

Debbie's Treat

A counted canvas design by Debbie Rowley

Beginning in February, Day group will be stitching this cute counted canvas piece by Debbie Rowley of DebBee's Designs. The finished design size is 5" square, 92 x 92 stitches. There is no fee for this class. Instructions for one section at a time will be emailed a few days prior to the Day Group meeting. Students will get their own supplies. Feel free to make changes to the colors, textures or even stitches if you like! Thread type as shown (at right) or your choice (see Ginger's below).

10" x 10" 18 count canvas mounted on stretcher bars

#5 Pearl Cotton DMC #5 336 Navy Blue

#5 Pearl Cotton DMC #5 742 Light Tangerine

#5 Pearl Cotton DMC #5 915 Dark Plum

Cotton floss DMC 336 Navy Blue

Cotton floss DMC 550 Very Dark Violet

Cotton floss DMC 740 Light Tangerine

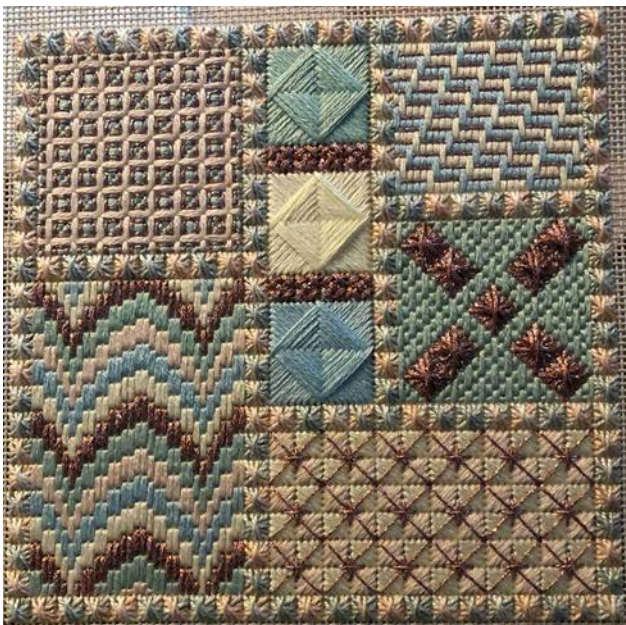
Cotton floss DMC 936 Very Dark Avocado Green

Fine metallic braid Kreinik #8 Braid 061 Ruby

Fine metallic braid Kreinik #8 Braid 3270 Amber

Silk metallic braid Rainbow Gallery Silk Lame' Braid SL145 Fool's Gold

Hand painted heavy cotton Caron Collection Watercolors 238 Glowing Embers



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New classes: See Calendar of Events on website

*Instructors in embroidery, Needlepoint and Blackwork wanted.
Contact Terri if you're interested in being an instructor.*

518-898-9416 | www.forthestitcherssoul.com | forthestitcherssoul@gmail.com

EMBROIDERERS' GUILD OF AMERICA, INC.

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